

# A Gastronomic Specialty in Peru



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**10 days / 9 nights**

Anyone who has been to Peru can vouch for its wonderful cuisine, which reflects the diversity of a nation that has blended its native traditions with the cuisine of Europe, the Middle East, China, Africa and Japan. The result: unique flavors that make Peruvian cuisine one of the finest and most varied in the world. This program invites you to visit traditional restaurants to enjoy the gastronomy bounty and discover the creations of a new generation of chefs who have achieved international recognition for their imaginative use of traditional ingredients and recipes with haute cuisine techniques



Flight



Accommodation



Transfer



Excursions



Art



Food

PACIFIC OCEAN

ECUADOR

COLOMBIA

BRAZIL

BOLIVIA

Northern  
Beaches

Chiclayo

Trujillo

Huaraz

Lima

Paracas

Ica

Nazca

Machu  
Picchu

Cusco

Sacred Valley

Colca  
Arequipa

Puno

Puerto Maldonado

Lake Titicaca





Lima Airport

# Day 01

## Arrival in Lima

(-/-/-)



### Transfer Lima Airport / Hotel (private)

Upon arrival into Lima International Airport, you will be met by our representative and private driver and will be transferred to your hotel. Our representative will assist you with check-in procedures and provide you with a detailed itinerary, vouchers covering all the services included in your tour and additional information on the organization of your Peru trip. You will also receive a contact information sheet with all the hotel details as well as our offices contact information for each city and a 24-hour emergency number.



### Overnight in Lima



Surquillo Market

# Day 02

Lima

(B/-/D)



## AM: Into the Heart of Lima's Traditions + Larco Museum (private)

This special City tour will take you back in time where you will discover the history and traditions hidden in every corner of the capital of Peru.

Begin today's experience with a visit to Surquillo District, south of the city centre, surrounded by upper class districts of Miraflores, San Borja and San Isidro. Here we will visit the big Surquillo Market bordering with Miraflores, where you can buy fresh fruits and veggies, meat, fish and everything needed for a good meal; the surrounding small "tiendas" (shops) offer anything from household items to clothes. Continue to Lima downtown, where we will take you back in time and show you 500 years of history of Lima. Discover the history and traditions hidden in every corner of Lima, once the most important Viceroyalty of the Spanish Empire receiving the title of "The City of Kings". The highlights of the historical center are its architecture and the urban design of the city, found in the old streets filled with colonial houses adorned with Moorish-style balconies.



Pisco Sour



Your visit continues with The Archbishop's Palace of Lima, the residence of the Archbishop and the administrative headquarters of the Roman Catholic Archdiocese of Lima.

Finish Lima's downtown visit with a delicious Pisco Sour at El Bolivar Hotel, declared Historical monument in 1972 with the elegance of the carpets, furniture, spider glasses and mirrors with a marked European style, which denotes the delicacy and distinction of that epoch.

Continue with a visit to the Larco Museum, for an excellent overview of Peru's ancient past as it holds the best private collection of pre-Columbian art in the country. The museum chronologically exhibits hundreds of ceramic, textile, metal and precious stone pieces and inside you will find the vault which safeguards precious pieces of gold and silver with semiprecious stones.

Finally, head to the modern part of Lima, passing by Huaca Huallamarca and ending in Miraflores on a pleasant 10-minute walk at the Malecon with a great ocean view.



After the visit you will be driven to your hotel.



Amaz Restaurant



**PM: Evening Lima Culinary tour (shared)**

This evening embarks on a culinary tour of Lima. Begin at Cala, an upscale restaurant and lounge situated on the waterfront.

Learn the secrets of making the perfect Pisco Sour from a master bartender. Continue to the award-winning Amazonian restaurant, Amaz, where you'll discover the art of creating cuisine from Peru's freshest locally-sourced ingredients. Next, visit the prestigious Huaca Pucllana restaurant, located within an archaeological complex that dates to 500 A.D. and enjoy a selection of traditional Peruvian dishes. The final stop for the evening is in the Barranco district for an unforgettable dessert.



After the visit you will be driven to your hotel.



Overnight in Lima



Awanacancha

# Day 03

**Lima / Cusco / Sacred Valley (B/L/-)**



**Transfer Hotel / Airport (private)**

At the appropriate time, our representative will transfer you to the Airport to board your next flight. Our representative will assist you with check-in procedures and all departure formalities.



**Transfer Airport / Hotel in the Sacred Valley including Awanacancha Textile Center, Pisac Market & Hacienda Sarapampa including lunch en route (private)**

Upon arrival into Cusco International Airport, you will be met by our representative and private driver and will be transferred to your hotel. Our representative will assist you with check-in procedures.



En route to the Sacred Valley, you will have the opportunity to visit Awanacancha, an Andean textile center whose key objective is to maintain the wealth of the Inca's textile art and keep their traditions alive. Awanacancha means "the palace of weaving" and as its name announces, it is all about textile production. Here you will learn about the dyeing techniques and instruments used for hundreds of years in the weaving of these famous textiles.





Hacienda Sarapampa



Continuing through the Sacred Valley, head to the town of Pisac to visit the Pisac Market, which was the place of reunion for all artisans of the region to get together and exchange or buy and sell their products. Originally held only on Sundays, but due to the increase of tourism in the area during the XXth century it became increasingly popular to the point that now it is held daily. It is a favorite destination for visitors from all over the world who don't want to miss the opportunity of enjoying the colorful ambience in this marketplace. Leisurely roam through the textiles and souvenir sections of the market.



Then, enjoy a countryside three-course gourmet lunch in the property gardens. After the tour you will be transferred to your hotel.



Overnight in the Sacred Valley



From the Farm to your Table

# Day 04

## Sacred Valley

(B/L/-)



### AM: From the Farm to your Table Gastronomic experience (shared)

This morning's experience creates the optimum conditions for you to see, smell, touch and taste ingredients from the root, cultivated using no pesticides or additives. One of the reasons for the growing success of Peruvian food worldwide is access to the fresh ingredients it's based on. Harvest, prepare and cook in a traditional Andean oven with the close guidance of a chef; enjoy the freshest, most delicious meal right next to the river, in front of an organic farm, with a fantastic view of snowy peaks.



### PM: At leisure

Free time to enjoy the hotel facilities and maybe indulge yourself with one of the soothing spa treatments in preparing for the next day's experience!



Overnight in the Sacred Valley.



Chinchero Town

# Day 05

**Sacred Valley**

**(B/L/-)**



**Full day excursion to Chinchero Town, Maras Salt pans & Ollantaytambo Fortress (private)**

Today set off in the direction of the Sacred Valley to the town of Chinchero, an authentic Andean village with lots of character, where we will find the colonial church that houses a large collection of painting from the Cusqueñan School of Art.

Next, continue your journey through the Sacred Valley of the Incas, to the salt fields of Maras and its seemingly never-ending terraces, where salt extracted from springs is stored. Although these waters have been used for centuries, even before the time of the Incas, Maras was founded by the Spanish in 1556.



Enjoy an outdoor countryside BBQ lunch at a beautiful riverside setting.



Ollantaytambo



After lunch, visit the Inca fortress and citadel of Ollantaytambo. This site was built just as the Spaniards arrived and evidence of how it was constructed is still visible. This fortress was believed to be constructed to guard the entrance to this part of the valley and protect it from possible invasions of tribes from the jungle lowlands.

The archaeological site includes a series of superimposed terraces and stunning finely carved stone blocks located on the upper terrace or Temple of the Sun. The main settlement has an orthogonal layout with four streets crossed by other seven parallel streets and at the center the Incas built a large plaza about the size of four blocks.



After the tour, you will be transferred to your hotel.



Overnight in the Sacred Valley



Machu Picchu

# Day 06

**Sacred Valley / Machu Picchu (B/L/D)**



**Full day tour to Machu Picchu via roundtrip Vistadome train (private)**

Morning transfer to the train station for an amazing train journey to the famous Inca Citadel of Machu Picchu, the great mountain-top city abandoned by the Inca Empire, reclaimed by the jungle and lost to humanity until its rediscovery in 1911.

Along the way you will enjoy the changing landscape as you travel from Andean highlands to the beginnings of the jungle ("eyebrow of the jungle"), before finally arriving at the town of Aguas Calientes.

From here, board the bus that will take you on a 20 minute ride up to the citadel of Machu Picchu, or Lost City of the Incas, which sits upon the summit bearing the same name, and is one of the most representative and recognized examples of Incan architecture. A guided tour of the Citadel includes the Main Plaza, the Circular Tower, the Sacred Sun Dial, the Royal Quarters, the Temple of the Three Windows and various burial grounds.



Tinkuy Restaurant



The legendary 'Lost City' is without a doubt one of the world's most impressive archaeological sites. Built by the Incas on the summit of "Machu Picchu" (old peak), overlooking the deep canyon of the Urubamba river in a semi-tropical area 120 Kms (75 miles) from the city of Cusco at 3,400 m.a.s.l (11,155 f.a.s.l).



Buffet lunch at Tinkuy Restaurant at Belmond Sanctuary Lodge. In the afternoon return to Aguas Calientes town.



Overnight in Aguas Calientes



Machu Picchu

# Day 07

**Machu Picchu / Cusco**

**(B/PL/-)**



**AM: At leisure**

Excellent opportunity to wake up early and enjoy a beautiful sunrise as well as stroll around the Town of Aguas Calientes and visit its Hot Springs Thermal waters.

Then, you will have time to perform some of the following activities (not included in the overall price): visit the Citadel of Machu Picchu for a second time, or for more active and adventurous people, we suggest to climb up the Huayna Picchu from where you can appreciate the immensity of Machu Picchu, even more amazing being so high and distant (no guide services included this day).

Later in the morning, return by bus & train combination, and upon arrival at the Ollantaytambo Train station you will be met by our representative and private driver for your transfer back to Cusco.

On the way, savor an exquisite Tasting lunch at local restaurant.



After lunch, continue the journey back to Cusco and your hotel.



Overnight in Cusco



# Day 08

Cusco

(B/-/D)



**AM: At leisure**

Morning at leisure for activities on your own.



**PM: Walking City tour Cusco, San Blas & MAP Museum (private)**

At the appropriate time, you will go on a walking city tour of the Imperial City of Cusco, including the Santo Domingo Church built upon the foundations of the Inca temple Koricancha, which was dedicated to Sun worship. You will also visit the Main Plaza, which has been the scene of great historical events in Cusco; and the Cathedral, constructed of great slabs of red granite in the renaissance style, and thus contrasting with the baroque style silverwork which decorates the interior.

Continue with a visit to the district of San Blas, with its winding streets, the whitewashed houses, the blue balconies hung with geranium-filled flowerpots, the uneven line of the tiled rooftops and the endless stairways.





Kion Restaurant



In the neighborhood live the folk artists of Cusco, who for centuries have used their hands to tell the tale of their longings and frustrations working in stone and woodcarving, sculpture, doll-making, silverware, weaving and textile arts, gold-leaf, mask-making, and an array of ceramics in utilitarian, architectural, sculptural, monumental, grotesque and many other styles .

Then visit the Pre-Columbian Art Museum, the only museum in Peru dedicated to rebound the arts of ancient Peruvian cultures; the collection of 450 master pieces' date from 1250 B.C. to 1532 A.D.

End this tour with a Pisco Demonstration and Tasting at MAP Café Restaurant, located inside the MAP Museum compound.



After the excursion, you will be transferred to your hotel.



Evening: Dinner at Kion Restaurant  
Enjoy a delicious Peruvian-Cantones dinner at Kion Restaurant.



Overnight in Cusco



Cusco Airport

# Day 09

**Cusco / Lima**

**(B/-/-)**



**PM: Transfer Hotel / Cusco Airport (private)**

At the appropriate time, our representative will meet you at the hotel lobby and transfer you to Cusco Airport to board your next flight. Our representative will assist you with check-in procedures and all departure formalities.



**Transfer Lima Airport / Hotel (private)**

Upon arrival into Lima International Airport, you will be met by our representative and private driver and will be transferred to your hotel. Our representative will assist you with check-in procedures.



Overnight in Lima



# Day 10

Lima / ...

(B/-/-)



## **Transfer Hotel / Lima Airport (private)**

At the appropriate time, our representative will meet you at the hotel lobby and transfer you to the Lima Airport to board your next flight.

Our representative will assist you with check-in procedures and all departure formalities.

## **End of services**

B: breakfast / L: Lunch / D: Dinner / BL: Box Lunch

# Discover the Intensity of Peru with Metropolitan Touring



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