

## Family Program

### **Family Program**

### 11 days / 10 nights

Peru offers an authentic setting to start bonding as a family, while connecting with culture, nature and adventure. Embark on an extraordinary family vacation, visiting the imperial city of Cusco, enjoying the fresh air of the Sacred Valley, and marveling with the imposing citadel of Machu Picchu. At the end, discover the mysticism and enigmas of the Southern Amazon Rainforest, by staying at an eco-friendly lodge, with wonderful outdoor activities ideal for the children. This route is recommended for traveling with children aged six years and up, but is adapted according to age group.





Accommodation



Transfer







Art









# . Day <u>01</u>

#### Lima



(-/-/-)

Upon arrival into Lima International Airport, you will be met by our representative and transferred to your hotel. Our representative will assist you with check-in procedures and provide you with a detailed itinerary, vouchers covering all the services included in your tour and additional information on the organization of your Peru trip. You will also receive a contact information sheet with all the hotel details as well as our offices contact information for each city and a 24-hour emergency number.

Overnight in Lima.





## , Day <u>02</u>

#### Lima

### 10

(B/L/-)

### FD Palomino Island, Real Felipe fortress and walking through la Punta port.

Morning transfer to La Punta District at Callao, Peru's foremost port founded in 1537 and located 14 kms from downtown Lima, still featuring venerable wooden colonial mansions lined with long and elaborately carved balconies.

Then leave for the Islands off the Callao Seaport. At the beginning appreciate the anchorage of the yachts, war ships and freighters in the Bay. During the trip you will pass through the "El Cam otal" Shallows, where you will be told stories about old ship wrecks and grounded ships.

Finally reach the furthest point of this trip, the Palomino Islands. These small islands are inhabited by small colonies of sea lions, Peruvian boobies and Guanay cormorants. Afterwards we will start our return trip skirting through craggy islands and sounds of impressive forms.





10

Optional swim with the sea lions. Return to the dock at La Punta Port.

Seafood lunch included at a local restaurant.

Continue with the Real Felipe Fortress which was built in XVIII century to defend the city from pirates and corsairs, being the biggest army construction made by the Spaniards during the vice royalty and witness of the most important combats that took place in the southern part of the Pacific Ocean. During this tour, we will be transported to the exciting time when pirates crossed the oceans in search of the treasures of the kingdoms in new world.

Overnight in Lima



**Real Felipe Fortress** 



### Day <u>03</u>

Lima / Cusco / Sacred Valley

(B/-/-)

After breakfast at the hotel you will be assisted to board your flight to Cusco. Upon arrival to Cusco's airport our representative will assist you with your luggage and drive you to the hotel at The Sacred Valley, located at 2300 m, which is less high than the City of Cusco, and will help to avoid altitude sickness.

On the route to the valley you will have the chance to stop at Awanacancha, a weaving center with the goal to keep alive the traditional textile arts, here you will observe the traditional Andean weaving techniques and see the four types of camel-related Andean animals – Ilamas, guanacos, alpacas and vicunas.

Then, visit the Pisac market where you will have opportunity to interact with local people, and even negotiate with sellers. Transfer to the hotel.

Rest of the day at leisure to enjoy the hotel's facilities.

Overnight in the Sacred Valley.





## Day 04

Lima / Sacred Valley

**Optional HD Excursions** 

#### **Mountain Biking**

This is an easy ride that takes us on paths through communities near the hotel, the town of Urubamba, the farms and fields of Chihubamba and from there, towards Yucay, Huayllabamba and Urquillos.



#### Quad Biking

From Pumahuanca gorge, we cross the farming communities of Rumichaca, Palcaraqui and Pumahuanca.



#### Riding

After a short orientation, we set off on rural paths, across small villages and communities neighboring the hotel such as Palcaraqui, Rumichaca, San Jose de Media Luna, Pumahanca and Chichubamba.



#### FD Hike Chinchero - Urquillos

A visit to the picturesque village of Chinchero followed by a hike down a spectacular stone-paved Inca trail to a wooded gully and onto the Sacred Valley.



#### HD Kayaking Huaypo Lake

Snow-capped Andean peaks surround crystal clear and calm Huaypo Lake, offering the ideal conditions for a relaxed paddle in the refreshing landscape.

Overnight in the Sacred Valley.



(B/-/-)



### , Day <u>05</u>

#### Sacred Valley / Machu Picchu / Cusco (B/L/-)

You will take an early train from Ollantaytambo station for a trip to Aguas Calientes.

Upon arrival, you will climb to the "Lost City of the Incas" on a 25 minutes trip by bus, on a zigzag road along the hillside. Your guide will explain the surprising degree of technology achieved by the builders of this incredible work.

The exact precision of massive stone building, the provision of water channels that reveal a deep understanding of hydraulics, the steps carved into the rock of the mountain and Intihuatana ("the highest point of the Sun"), which served as a solar calendar that regulate planting and harvesting, are tangible and concrete expression of deep knowledge and technological advancement of the empire.

All these buildings, along with the Temple of the Sun, The Royal Tomb, The Priest's House, the Inca Baths and the Temple of Three Windows, allow you to go back in time and with the help of your guide, revive the existence of those builders truly admirable. Lunch at the Restaurant Sanctuary Lodge. In the afternoon you will take the train Vistadome back to Ollantaytambo and then transfer by private car to Cusco.

Overnight in Cusco.



Machu Picchu Citadel



### Day <u>06</u>

#### Cusco



Walking city tour, including a visit to the district of San Blas, with its winding streets, the whitewashed houses, the blue balconies hung with geranium-filled flowerpots, the uneven line of the tiled rooftops and the endless stairways. In the neighbourhood live the folk artists of Cusco, who for centuries have used their hands to tell the tale of their longings and frustrations working in stone and woodcarving, sculpture, doll-making, silverware, weaving and textile arts, goldleaf, mask-making, and an array of ceramics in utilitarian, architectural, sculptural, monumental, grotesque and many other styles.

Pre-Columbian Art Museum, the only museum in Peru dedicated to rebound the arts of ancient Peruvian cultures. The collection of 450 master pieces date from 1250 B.C to.1532 A.D.

Finally, we will let the little ones to get creative in the Kitchen. We will take you to one of the best hotels in the city, the Belmond Monasterio hotel for a practical cooking classes, where children can learn to create delicious cookies or tempting mini pizzas.

Afternoon at leisure. Overnight in Cusco.



(B/-/-)

San Blas District



### Day <u>07</u>

#### Cusco / Puerto Maldonado

(B/L/D)

Transfer to the airport to board your flight to Puerto Maldonado. Upon arrival from Cusco, you will be welcome at the airport and transferred on a ten minutes ride to our headquarters. While enjoying your first taste of the forest in our gardens we will ask you to pack only the necessary gear for your next few days, and leave the rest at our safe deposit. This helps us keep the boats and cargo light.

Bordering Puerto Maldonado, we drive 20 kms to the Tambopata River Port, at the native Community of Infierno. Then, you will be transferred on a two hour and a half boat ride to Refugio Amazonas, going through the community of infierno, and beyond the checkpoint of the Tambopata National Reserve, directly to the buffer zone of this protected area of over one million hectares.

Upon arrival, the lodge manager will welcome you and give you some important security tips.

Overnight in Refugio Amazonas.





### Day <u>08</u>

#### **Puerto Maldonado**

(B/L/D)

A la carte Children 's activities:

**Circle of fire:** As a prelude to the Ania trail activities that will take place with our child specialist guide, we head towards the circle of fire. There, we learn about the story and characters from "Ania and the Voice of the World", as we sit and listen to our guide.

**The Children's Rainforest Trail:** Ania & The World's Voice is an exciting journey designed for children, ages 4 to 10 years. We will travel with our guides on a short but challenging walk where we follow maps, solve riddles, and find clues that will lead to the "treasure of Ania."

**Rainforest Tattoo:** Getting tattooed in the Rainforest? No worries, we'll prepare a paste from a fruit called "huito", and achiote or other natural dies to draw tattoos on ourselves. We can draw different shapes of animals or other patterns associated with the forest. They only last a few days.



Puerto Maldonado



#### A la carte Teens activities:

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**Mountain biking:** If you like action, this is a great way to explore and experience the beauty and excitement of the rainforest along ten kilometers of trails.

**Kayaking:** After a short hike along a jungle trail, your kayaking guide will get you geared up for one of the best ways to explore the rainforest.

**Canopy climbing:** The canopy of the rainforest is where most of the action takes place, and this activity brings you up into this exciting, little known realm.

**Stand Up Paddle:** Paddle boarding is easy, fun, and a great, quiet way to explore the river.

Overnight in Refugio Amazonas



Puerto Maldonado



## Day <u>09</u>

#### **Puerto Maldonado**

(B/L/D)

A la Carte Classic activities:

**Oxbow Lake Visit:** Oxbow lakes are amazing habitats, and we'll have the opportunity to experience one while paddling a traditional canoe or catamaran on Condenado Lake.

**Canopy Tower:** A thirty minute hike from Refugio Amazonas leads to a 25 meter scaffolding canopy tower. A banister staircase running through the middle provides safe access to the platforms above, and the tower has been built upon high ground, therefore increasing your horizon of continuous primary forest that extends towards the Tambopata National Reserve.

**Farm Visit:** On the other side of the river from the lodge, we visit a family owned farm managed by charismatic Don Manuel from the neighboring community of Condenado.

**Ethnobotanical Tour:** Most medicines come from a medicinal plant in the Amazon, along this trail we will find a diversity of plants and trees that are used by the local people for a variety of purposes.

Overnight in Refugio Amazonas





### , Day <u>10</u>

#### Puerto Maldonado/ Lima

(B/-/-)

After enjoying a delicious breakfast, boat Transfer - Refugio Amazonas to Tambopata River Port, and transfer from Tambopata River Port to Puerto Maldonado Headquarters, and transfer to the Airport.

Depending on airline schedules, this may require dawn departures. Upon your arrival in Lima you will be met by our representative and will be transferred to your hotel in Lima.



Overnight in Lima.





Lima / ...



#### AM Bohemian Tour Bike Tour.

On this tour, we bike around the two main cultural areas of Lima: Miraflores and Barranco. The idea is trying to make the perfect combination between art, history, architecture and nice vibe. We ride among beautiful houses that once were occupied by renowned writers, painters and musicians. We pay special attention to the cultural manifestations of two of the most important areas of Lima where locals usually express themselves and have fun more frequently.



At proper time, transfer to the airport and assistance with all departure formalities for your international homebound flight.

End of our Services D: Breakfast / L: Lunch / D: Dinner



(B/-/-)

Bike Tour

### Discover the Intensity of Peru with Metropolitan Touring

For bookings and further information please contact your Sales Expert info@metropolitan-touring.com.pe