



CHOQUEQUIRAO TREK **5 Days / 4 Nights**

Level : Challenging trek, good physical condition required
Duration : 5 days / 4 nights
Season : April to December
Location : Apurimac river canyon
Departures : Every Day Upon request

Day 1: CUSCO --- CACHORA – CHIQUISKA:

Leaving Cusco, heading north on the main highway towards Abancay. We will leave the city behind, and cross into Antapampa with breathtaking views of mount Salkantay and Humantay at first. As we leave this high meadow area, the Pitusiray, Chicon and Verónica come into view. Once we begin to descend into Limatambo, if there is time we will visit the Inca site of Tarawasi located in the outskirts. The road continues until reaching the Apurimac River, where we will cross its impressive gorge. Past the village of Curawasi, we will find the stone of Sayhuite and its carved map, believed to be that of the Inca Empire. A small side road over a ridge will bring us down to the village of Cachora, where we will start that day's hike. Taking our day---packs, we will start walking along the edge of the mountain Capuliyoc, where we will get our first view of the Apurimac canyon and the trail that lies ahead.

A few hours later we will arrive to Chiquiska where we will spend the night.

(Lunch / Dinner)

(Distance: 19 km / Walking Time: 7 hrs)

Day 2: CHUIQUISKA --- APURIMAC RIVER --- CHOQUEQUIRAO

After breakfast, our hiking will still be downhill to the rushing waters of the Apurimac (Rosalina Beach 2,450 m.a.s.l.) We will cross the suspension bridge; from here we will have an uphill walk

lasting half the day which will bring us to Marampampa – a small meadow where we will have lunch. As we ascend on the steep trail, we will start to appreciate the canyon land vegetation and environment on both sides of the Apurimac canyon. The afternoon hike is not as steep as we approach the hanging valley where the site of Choquequirao is found. We will camp near the

site at an available flat part at the time we will be getting ready for the next day to explore the isolated Inca sites and the surrounding cloud forest.

(Breakfast / Lunch / Dinner).

(Distance: 13 km / Walking time 7---8 hrs).

Day 3: FULL DAY CHOQUEQUIRAO:

This will be a beautiful day. We will be stricken by observing how the vast majority of visitors take 4 days trekking but only a few hours or even minutes (!) to enjoy exploring the different sectors of Choquequirao. Bearing in mind that Choquequirao is scattered on both sides of the spur of Apu Corihuayrachina, we will realize a fair amount of time is needed to understand the integrity of its

context. Travelers will enjoy lunch near the ruins and hopefully view the condor flight over the deep canyon. Back at the campsite, dinner and overnight.

(Breakfast / Lunch / Dinner)

Day 4: CHOQUEQUIRAO – HACIENDA SAN IGNACIO:

After breakfast, we will begin our descent to cross the Apurimac River over the San Ignacio Bridge. The descent is very steep and so we take our time, descending slowly. This path will show how steep this river valley is, as well as exposing some impressive and unforgettable views (approx 4 hours to descend). We will rest at San Ignacio beach where we will have lunch. After lunch, we will climb a gentle hill until reaching Hacienda San Ignacio where we will spend our last night. (Breakfast / Lunch / Dinner)

(Distance: 9 km / Walking time 6 hrs).

Day 5: HACIENDA SAN IGNACIO – VILLA LOS LOROS – CUSCO:

After breakfast, we will continue with the last day of hiking; this is the lowest point for the trek and the most fantastic valley surrounded by fruit trees.

After 3 hours hiking we will arrive to Villa Los Loros where we will have lunch.

Here, we will finish the Choquequirao hiking, we will board the bus to back to Cusco.

(Breakfast / Lunch)

(Distance: 7 km / Walking time 3 hrs).

Price includes:

- Orientation meeting in Cusco (previous to departure date).
- Transfer Cusco – Cachora
- Transfer Huanipaca ---- Cusco
- All balanced meals during the trekking (5 days/4 nights), including snacks.
- All common equipment gear: 3 men mountain tent for 2 people, inflatable mattress, kitchen dishes, kitchen tent, dining tent, toilet tent, tables and chairs.
- Cook, kitchen crew and commissary gear with all meals included as described
- Pack animals for all the camping gear and luggage.
- Muleteers and one seat horse for every three clients.
- First---aid kit with oxygen.
- Professional bilingual guide (English ---- Spanish), additional cost for other languages.
- Shortwave radios
- Environmental care (all the garbage goes back to Cusco, portable toilet treatment).
- Filtered and boiled water

Price does not include:

- Sleeping bag (\$37.50 for whole trek)
- Hotels in Cusco and others.
- Extra services not mentioned in the program.
- Tips and extra expenses
- Entrance fee to Choquequirao (\$18.00)