



LARES VALLEY TREK & MACHU PICCHU

4 Days /3 Nights

Level : Moderate difficult hiking ---- No need experience

Duration : 4 days / 3 nights

Location : Sacred Valley of the Incas & Lares Valley

Season : March – December

Departures : Every day, upon request

DAY 1: CUSCO - LARES VALLEY - HOT SPRING – WACAWASI:

At 6 am the guide will pick you up from your hotel, transfer you through the sacred valley, the archaeological remains, the Andean markets, the cultivated Inca terraces, and the small villages, We will drive you until the pass called Wacahuasi (4450m) from here downhill to Lares valley (3250m), where we have time to enjoy the hot springs.

Lunch will be served at this point. Here will meet the rest of our trek team, the cook and the arrieros (horse handlers). The horses will carry all food, our backpacks, and the camping gear.

Three hours of uphill trekking to Wacawasi, there we will set up, our campsite, here there will be a nice chance to meet the locals and they will show you their artisan weaving and give you lessons about its ancient techniques.

(Lunch / Dinner)

DAY 2: WACAWASI - ABRA IPSAY – PATACANCHA:

Early wake up and breakfast. Today will be the largest and hardest day of the trek, will hike between 7 to 8 hours, on the beginning we will go uphill to the Abra Ipsay (4480m). The climb is pretty hard with indescribable panoramic view of snow-capped peaks of Pituisiray, Sawasiray, Chicon, surrounded by a stunning landscape. Half way we will stop for lunch. While hiking, we will pass Andean communities, they have a large knowledge of natural agriculture and ancient ways of working textile that is why they have such colorful clothes, unique in this region. After the pass, we will continue our journey downwards until

our campsite next to the small village of PatacanCHA (3720m). We will set up the tents and it will be time to explore the surroundings on your own.
(Breakfast / Lunch / Dinner)

DAY 3: PATACANCHA - OLLANTAYTAMBO - AGUAS CALIENTES TOWN

Today will be 5 hours of downhill hike where we will pass local communities such as Willoq (3400m), Pumamarca (3200m) and many others. From PatacanCHA through the landscape, crossing these villages, we will be able to taste the traditions and habits handed down on by our ancestors throughout the times of the Tahuatinsuyo Empire (the Inca---culture and traditions). Then we will continue walking and will arrive to Ollantaytambo (2850m). From Ollantaytambo we will take the train to Aguas Calientes (2050m), the tourist town build beneath the ruins of Machupicchu. (Breakfast, Lunch)

Overnight in Aguas Calientes: hotel on your own.

DAY 4: MACHU PICCHU COMPLETE GUIDED TOUR- CUSCO

Today we take the first bus up to Machu Picchu, the lost city of the Incas. Usually, we use to get Machupicchu by 7 am, so from this time on, we will be able to visit Machupicchu before others hikers arrive. This will be a completely guided tour of this complex and then you will have plenty of time to explore by yourself the whole site for about 3 hours and there will be time as to climb the Huayna Picchu mountain as well, and get the best view over Machupicchu. Afterwards, we will all meet to go down to Aguas Calientes where you will be able to have lunch before boarding the train back to Cusco. Arrival to Poroy´s train station and transfer to the hotel.

Price includes:

- Orientation meeting in Cusco (previous to departure date).
- Transfer put in and put off.
- Transfer Poroy train station to the hotel in Cusco(Last day)
- All balance meals during the trekking (4 days/3 nights), including 3 snacks.
- All common camping gear: Two men mountain tent, inflatable mattress, kitchen dishes, kitchen tent, dinner tent, toilet tent, table, chairs.
- Mules for the whole camping equipment including personnel Muleteers.
- Support horses.
- First-aid kit with Oxygen.
- Professional bilingual guide (English ---- Spanish), additional cost for other languages.
- Cook, kitchen crew and commissary gear with all meals included as described
- Short wave radios.
- Sanitation care (disinfected dishes, filtered water, etc).
- Environment care (all the garbage is going back to Cusco, portable toilet treatment).
- Bus up and down from Machu Picchu (Last day)
- Train Vistadome Ollantaytambo – Aguas Calientes – Cusco

Price does not include.

- Entrance fee to Machupicchu \$52.00 (if passengers want to climb to Haynapicchu Mountain, they must add \$10.00 and book in advance)
- Sleeping bag (\$22.50 for whole trek)
- Hotel accommodation in Aguas Calientes
- Dinner in Aguas Calientes (3rd day)
- Lunch in Aguas Calientes (4th day)
- Extra services not mentioned in the program.
- Tips and extra spends