

 **Metropolitan
Touring**

ECUADOR
COLOMBIA
PERU



**One history,
a thousand
inspiring
stories.**

NEW EXPERIENCES BY METROPOLITAN TOURING PERU



A woman in traditional Andean attire, including a wide-brimmed hat and a colorful scarf, stands in a mountainous landscape. She is holding a large basket filled with various types of potatoes. The background shows misty mountains and a cloudy sky. The text is overlaid on a semi-transparent circular area.

DAY VOLUNTEER WORK IN THE ANDES

Sacred Valley | Cusco | Peru



COMMUNITY SERVICE

These community service activities have been carefully chosen to provide benefit to necessities in each chosen community, based on community members' requirements we have identified along the years. Previous scouting to the areas, prior to passenger's arrival, will be programmed to organize details for each activity. Prices for these activities will be the same.

Location : Sacred Valley and other rural areas

Season : All year round

A group of children are seated at long wooden tables in a school cafeteria, eating breakfast. They are holding white mugs filled with a yellow liquid, likely soup or porridge. The children are of various ages and are looking towards the camera. The background shows more children and tables, suggesting a large group meal. The setting appears to be a simple, possibly outdoor or semi-outdoor, structure with wooden beams and a white wall.

SUPPLYING HEALTHY BREAKFAST TO LOCAL SCHOOL KIDS

This is sometimes the first meal of the day for the children and it is especially important, as many of them have to walk more than an hour a day to get to school. This often happens after they had already helped their parents feed the animals and look after their younger siblings.

Duration: 6 ½ hours from/to Cusco (breakfast 2 ½ hours)

Servings: 30 children

DELIVER SCHOOL SUPPLIES



After an early breakfast, passengers will be met by their guide at their hotel. If they will purchase the materials by themselves, they will go with their guide to a "school supply store" where they will buy their donation, to then be transferred to the selected community school. Upon arrival to the community school, passengers will be received by the local teacher who will then gather the kids in order to receive the donation. After this noble activity, passengers will have the chance to interact with the kids, play some songs or play games before returning back to their hotel or to another place stated in their trip itinerary.

Duration: 6 ½ hours from/to Cusco (Delivering supplies 2 ½ hours)

Supplies for: 30 children

NATIVE TREE PROJECT

We are now working to support reforestation projects in different locations that involve tourist participation and connect them as part of a "1 Plant for the Planet" project held by the United Nations. Participants will donate an established amount of money to buy a list of materials that will be given to their guide, in coordination with our representative, then these materials will be used to continue the different works like constructing the irrigation system, a green house, water storing, paying salaries or other duties for the reforestation project; then participants will plant native trees which then will take the name of the tourist. This initiative project also includes the creation of natural spots, the maintenance of these trees by creating job positions for woman and school age kids and an economic activity which will support them in the future.

Duration: 6 hours from/to Cusco (Plantation 2 hours)

MULTIDAY VOLUNTEER WORK IN THE ANDES

We have identified the poorest families in small communities located in the heart of the Andes near Cusco, and has prepared a budget based on the needs of the houses in order to provide a proper shelter. Passengers will restore or help with some of the following activities:

- House cleaning
- New roof
- New beds and bed clothes
- Wall repairing with adobe
- New wiring for light
- New kitchen or kitchen repairing
- New door and windows

Duration : 4 Days / 3 nights

Minimum : 4 passengers

Maximum : 12 passengers per group



LIVING CULTURES
LA TIERRA DE LOS
YACHAQS
Sacred Valley | Cusco | Peru



This experience will give you an unforgettable travel experience through **The Land of the Yachaqs** sharing the ancient wisdom of our forefathers through traditional activities such as textile art, agrotourism, gastronomy, ceramics, traditional medicine, handicrafts, ceremonies and rituals as well as long walks through the Andes and its mysteries.

The communities in the Land of the Yachaqs are located along **the Sacred Valley**, at the entrance to the magnificent Machu Picchu Cusco region. This **Association of Yachaqs Earth**, the same that is directly managed and administered by us, ensuring equitable distribution of the benefits generated by tourism.

AGRO-ARTISANS OF CHICHUBAMBA

Come and enjoy learning activities with local families such as the creation of ceramics, producing **artisanal chocolate**, **apiculture** (extraction of honey), preparation of **Chicha de Jora** (drink of fermented corn) and the process of textile art, **floriculture** among other activities.

Duration: 6 – 7 hours from/to Cusco (4-5 hours in the community)

Altitude: 2,860 msal

Recommended season to visit: All year

A photograph showing two individuals in traditional Andean attire working in a field. One person on the left wears a vibrant, multi-colored woven hat and a patterned shawl. The person on the right wears a brown hat and a colorful striped shawl. They are both bent over, engaged in agricultural work. The background shows other people and a grassy field.

SONS OF THE EARTH

Community of Huayllafara – Lamay

We will take you on a journey to discover the **mysteries of Andean Agriculture**, the connection to the Pachamama (Mother-Earth), our different rituals that connect the earth to our agricultural practices. And, we will also learn about the use of our **traditional tools** for the planting and harvest of native products.

Duration: 6 – 7 hours from/to Cusco (4-5 hours in the community)

Altitude: 3,500 masl

Includes: Agricultural activity, local interpreter (spanish and quechua), lunch, welcome with typical flowers.

Recommended season to visit: Dry season (April to December).

HIKE TO WATERFALLS OF PEROLNIYOC

Hike to enjoy the nature and its wonderful landscape of the **Perolniyoc waterfall** (50m of high, located at 3,520 masl), and the archaeological site of the same name (3,600 masl), in the last stage to Choquetacarpo there is a rock channel about 15km leading up to Cachiccata quarries.

Duration: 7 hours from/to Cusco (4 hours approx. hiking)

Altitude: 3,650 masl

Recommended season to visit: Dry season (April to November)



Hacienda Sarapampa

Sacred Valley | Cusco | Peru

CASA HACIENDA SARAPAMPA



Hacienda Sarapampa is a vivid expression of the culture of corn farming from its beginnings in ancient Peru until today. “Sarapampa” is a word from the Quechua language meaning "cornfield." The culture around production of this type of corn has been linked to daily life at the Sacred Valley since early times.

The property is located in the Sacred Valley, it is 45 minutes from the city of Cusco and 5 minutes from the town of Pisac. Hacienda Sarapampa offers visitors the opportunity to have a unique cultural experience around maize production in an authentic and natural environment.

GIANT WHITE CORN



The variety grown is the Giant White Corn, a unique variety in the world due to its exceptional characteristics and size. This corn has adapted to the unique conditions of this valley in such way that it only grows here, protected by the mountains and their spirits.

PRODUCTS



FARM CHIC LUNCH

- Share along with the landowners a unique experience, full of anecdotes about the hacienda life, the legends that surround the Sacred Valley of the Incas.
- Fallow, Sowing, Hilling, Harvest; important stages in the process of cultivating corn, are the inspiration to elaborate a 7-course lunch you will enjoy during your visit to Sarapampa.
- Minimum: 2 guests
- Maximum capacity: 12 guests

FARM LUNCH

- After the visit you will enjoy a delicious 3-course lunch based on both indigenous ingredients and cuisines brought in during colonial times.
- Minimum: 4 guests
- Maximum capacity: 50 guests





Casa García Alvarado

Miraflores | Lima | Peru

History

At the beginning of the twentieth century, Lima's upper class began to move their homes away from downtown Lima to Miraflores which was one of the first residential districts to be established at that time. The architecture of these homes was typical of resort homes of that period. They were made of "quincha" (adobe), decorated with wood on the façade, and contained large courtyards inside.



History

On Avenida Larco in front of Miraflores Central Park, located a few meters from the Municipality, is the old but impressive house of the Castro Iglesias-Thorndike family which was constructed in 1912 by the Architect Rozzaga.





Services

Casa Garcia Alvarado is a family home, declared a National Historical Building in January 2005.

Ana Maria and Josefina García Alvarado, its present owners, opened up this precious house to visitors seeking for a unique lunch or dinner experience at a traditional Peruvian home.





After enjoying pisco sours and hors d'oeuvres served in the drawing room, guests will be taken on a tour of this historic house. Then, enjoy the delights of a typical Peruvian home cooked meal served by their ever faithful household staff, all in the company of one of the family members. It is the earnest wish of the García-Alvarado family to extend to all visitors the hospitality of a Peruvian family.



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