





# SALCANTAY TREK MOUNTAIN LODGES OF PERU 7 days / 6 Nights

We have created an adventure in which you will be able to experience Peru at its best and like never before: trekking from lodge to lodge, enjoying the comfort and service of 4 top quality mountain lodges located in pristine areas and finally reaching Machu Picchu (the crown jewels) as a final destination.

Level: Moderate to challenging; good physical condition required

Duration: 7 days / 6 nights

Location: Mollepata, Mount Salkantay & Machu Picchu

Season: April to November

Departures: Every Day, upon request.

## Day 01: Cusco / Soraypampa (Salkantay Lodge) (-/BL/D) 3,800 m/12,500 ft

Guests will be picked up starting at 7:00 am at their hotel in Cusco by an MLP guide and vehicle in direction to the Salkantay Lodge & Adventure Resort (SLAR) in Soraypampa. En route we will take a short break to visit the Inca ruins of Tarawasi near the town of Limatambo (approx. 1.5 hrs from Cusco). After leaving Limatambo, we pass through the mountain village of Mollepata where we stop for a short coffee break before ascending a winding mountain road to a place called Marcoccasa (30 minutes from Mollepata by vehicle).





Above & Left: Salkantay Lodge & Adventure Resort at Soraypampa

Here, we will begin our trek to Soraypampa, on an old route called the "Camino Real" (Royal Path). This is a good opportunity for guests to acclimate and enjoy a mild & beautiful 4 hour trek on their first day. (Hiking level: moderate). (Optional: guests who do not wish to trek may be transported to the lodge in the vehicle).

The SLAR takes its name from the majestic peak at the head of the valley – the "Salkantay", the 2nd most sacred peak in Inca mythology and, at 20,600 ft (6,270 m), the highest in the region.

After a warm welcome by our friendly staff, the guests will be shown to their rooms and have time to wash-up. The first afternoon is spent at leisure to adjust to the altitude. An evening briefing by the fireplace is followed by aperitifs and dinner.

Note.- Lunch on DAY 1 is a box lunch.

#### Day 02: Soraypampa (Salkantay Lodge)

(B/L/D)

This day is spent at leisure for rest or activities, depending upon guests' level of acclimatization. The most popular activity at Soraypampa is a half-day hike (3-4 hours. Hiking level: moderate to challenging) to a glacial lake where the more adventurous might take a very short swim! This activity is excellent for acclimatization and a first immersion into high-mountain trekking! In the afternoon, guests may choose to trade the glacial swim for a relaxing soak in our outdoor jacuzzi. In the evening, the guide will brief the trekking party on gear and the itinerary for the next four days. Breakfast, lunch and dinner are taken at the Lodge.

Left: Salkantay Lodge & Adventure Resort

### Day 03: Soraypampa / Huayraccmachay (Wayra Lodge)

(B/L/D)

3,850m/12,600 ft

This is the big day: the start of the four-day trek to Machu Picchu. After an early start we will hike up the Rio Blanco valley, circling Humantay Peak across from the Salkantay. The highest point on the trek is a pass at 4,600 m (15,000 ft). At the pass we stop to take in views of snow-capped peaks of the Vilcabamba Range in every direction, the south face of Salkantay towering above us. We will keep our eyes out for Andean condors, often visible in this area. From the pass we continue our descent toward the Wayra Lodge ("Wayra": wind; 'the place where the wind lives') our destination for the evening. A hot lunch is taken en route. Dinner and overnight at the Lodge. (Hiking time: 4-6 hours. Total excursion time for day: 5-7 hours. Hiking level: challenging with a 15,000ft mountain pass).

### Day 04: Huayraccmachay / Collpapampa (Colapa Lodge) (B/L/D) 2,800m/9,200 ft

Following the long first day we enjoy a leisurely breakfast at Wayra Lodge. We then begin our trek by hiking downhill above the Salkantay River, through increasingly verdant scenery. Our arrival at the next lodge encounters a "Pachamanca"-style lunch (subject to availability; traditional underground stone cooking). The Colpa Lodge is located in an open promontory at the confluence of three rivers. The outdoor hot tub in this lodge has prominent views of lush green mountains and a small, far-away, local town. Dinner and overnight at the lodge. (Hiking time: 3-4 hours. Hiking level: easy to moderate).

Above: Wayra Lodge





#### Day 05: Collpapampa / Lucmabamba (Lucma Lodge)

(B/L/D)

2,100m/6,900 ft

After an early breakfast we head down the Santa Teresa River Valley, through more populated rural areas with coffee plantations (said to be one of the best organic coffees in the world!), bananas, 'granadillas', and orchards. We stop along the river for a hot picnic lunch. After another hour of trekking a private vehicle arrives to take us to the beginning of the "Llactapata Inca Trail" (30-minute drive). From the head of the trail it is a short climb (30 min.) to the Lucma Lodge, set in an avocado orchard. We arrive in time to allow for exploration of the small village of Lucmabamba and possible meeting with members of the local community. (Hiking time: 5-6 hours. Total excursion time for day: 6-8 hours. Hiking level: moderate to challenging, basically due to distance, not terrain).

#### Day 06: Lucmabamba / Aguas Calientes

(B/L/D)

1,900 m/6,200 ft

After an early start and a hearty breakfast, we tackle the last day of our trek. We head uphill for 2-3 hours towards Llactapata pass (2,700 m/8,900ft), where we come upon a distant but quite special view of Machu Picchu from the southwest, a view few tourists ever glimpse; an added value are the Llactapata Ruins, which have recently been restored. Lunch is provided at the observatory, in view of Machu Picchu. We then begin our final descent to the Aobamba River through lush bamboo forests and more orchards and coffee plantations (2-3 hour descent).

Aguas Calientes and Machu Picchu are a short (30 minutes), scenic train ride away. (Total hiking time: 4-6 hours. Hiking level: moderate to challenging).

We then arrive in Aguas Calientes to check-in to our hotel for the night.

Above: Lucma Lodge

Above: The Sanctuary of Machu Picchu

#### Day 07: Machu Picchu / Cusco

(B/L/-)

2,450m/8,000 ft

We wake up early to have breakfast at the hotel and then make our way to the bus station for the ride up to Machu Picchu (30 min). A complete guided tour of Machu Picchu will be provided (2 hours). Guests will have about 4 additional hours to explore the site on their own (there is a lot to do and see). Afterwards, we will return by bus to Aguas Calientes for lunch and to go to the train station for the afternoon departure. The train takes us to Ollantaytambo ( $1\frac{1}{2}$  hrs), where a private vehicle awaits to take us to Cusco ( $1\frac{1}{2}$  hrs). Upon arrival in Cusco (approximately 7-8pm) we will drop guests off at the hotel of their choice.

Overnight in Cusco.

#### **Mandatory Insurance:**

All guests are required to provide valid proof of insurance that covers Adventure Travel Activities to MLP at time of final payment of their trip. In case proof of insurance (Insurance Company, Policy number/code, and the 24hr emergency telephone number provided to guests by the insurance company) is not provided at time of final payment, MLP will charge the guest the cost of an insurance policy with coverage for medical expenses and medical emergency evacuation at the rate of \$8 per person per day, according to the duration of their trip purchased through MLP.





#### **RESERVATIONS:**

At time of reservation, MLP will need the following information:

- 1. Departure date
- 2. **US \$500** non-refundable deposit per person
- 3. Full name of participants
- 4. Passport numbers, nationalities, and date of birth of all participants
- 5. Rooming preference

#### **DEPOSITS & FULL PAYMENT:**

A non-refundable deposit of \$500.00 per person is required to confirm a reservation. Full payment is due 60 days prior to arrival.

MLP will hold a reservation for 48 hours without charging a deposit, but the space is not confirmed until deposit is paid. Additional travel services purchased through MLP may have different payment and cancellation terms.

#### **CANCELLATION CHARGES:**

MLP requires notification of cancellations in writing, by email or fax.

- 1. From time of booking to 60 days prior to arrival: US \$500.00 per person non refundable deposit
- 2. 59 to 30 days prior to arrival: 50% of the trek/ride rate
- 3. 29 days or less prior to arrival: 100% of the trek/ride rate

#### TRANSFER FEE: TRANSFERRING FROM ONE DEPARTURE TO ANOTHER

- 60 + days prior to departure: US \$250 per person
- 59-30 days prior to departure: 25% of the trek/ride rate
- 29-0 days prior to departure: 50% of the trek/ride rate
- \*\*Guests do not have to decide immediately which future departure date they would like to join.

The transfer fee is due when confirming the future departure date.

\*\*Transfers are only valid until the end of the following year depending on availability (for example:

if a guest cancels in 2013, the guest must travel on a departure date by December 2014). If there is an increase in the rates from one year to the next, the guest is responsible for paying the difference, in addition to the transfer fee.

#### **TRIP RATE INCLUDES**

- All services from pick up in Cusco on Day 1 to drop off in Cusco on Day 7.
- Transportation from hotel in Cusco to Soraypampa on Day 1 and from Ollantaytambo back to hotel on Day 7.
- 6 nights lodging (5 nights in MLP lodges and 1 night in Aguas Calientes in a 4-Star hotel)
- All meals except breakfast on Day 1 and dinner on Day 7
- Service of a bilingual guide (Spanish/English) from Day 1 to Day 7. Tours are led in English.
- Transportation of personal belongings on the trek by pack horses/mules and/or porters
- Guided visit of Machu Picchu Sanctuary (includes entrance and transportation to the site)
- Traintransportation (Hydroelectric Station to Aguas Calientes, and Aguas Calientes to Ollantaytambo)





 At the lodges we provide filtered and sparkling water, tea and coffee, juice and soft drinks free of charge. (Alcoholic and sports drinks, and natural bottled water are not included). Only filtered water and tea are available free of charge at the hotel in Aguas Calientes.