



One history,  
a thousand  
inspiring  
stories.





**ECUADOR**



**COLOMBIA**



**PERU**







# Enhancing your experience of Peru: Part II





# Why Peru



# Our Archaeological richness



More than 10,000 years of history



8 sites declared Cultural Heritage by UNESCO



180 historical places and museums.



Home to one of the New 7 Wonders of the World





# Our Colorful traditions & people

Peru has over 3,000 festivals along the year with hundreds of dances that represent the joyful spirit of the Peruvian people.







## Our Astonishing wildlife



Privileged destination for nature lovers, as it has 84 of the 104 life zones that exist on our planet.



Peru's 60 protected natural areas hold 10% of all mammals living on the planet and 20% of the world's birds.



# Our Incomparable cuisine



The World Travel Awards named Peru South America's Best Culinary Destination for 4 years in a row.



Three Peruvian Restaurants Among World's 50 Best







# Our development



## Local Hotel Chains:

Casa Andina, Inkaterra, Libertador



## International Hotel Chains:

Belmond (former Orient Express), Hilton, Marriott, Whyndam Costa del Sol, The Luxury Collection Hotels & Resorts



# Air Connectivity



## Main Airlines flying to Peru:

Latam, Avianca, American Airlines, Delta Airlines, Jet Blue, United Airlines, KLM, British Airways, Iberia.



Peru offers a wide range of connecting flights and frequencies to handle groups of all sizes.

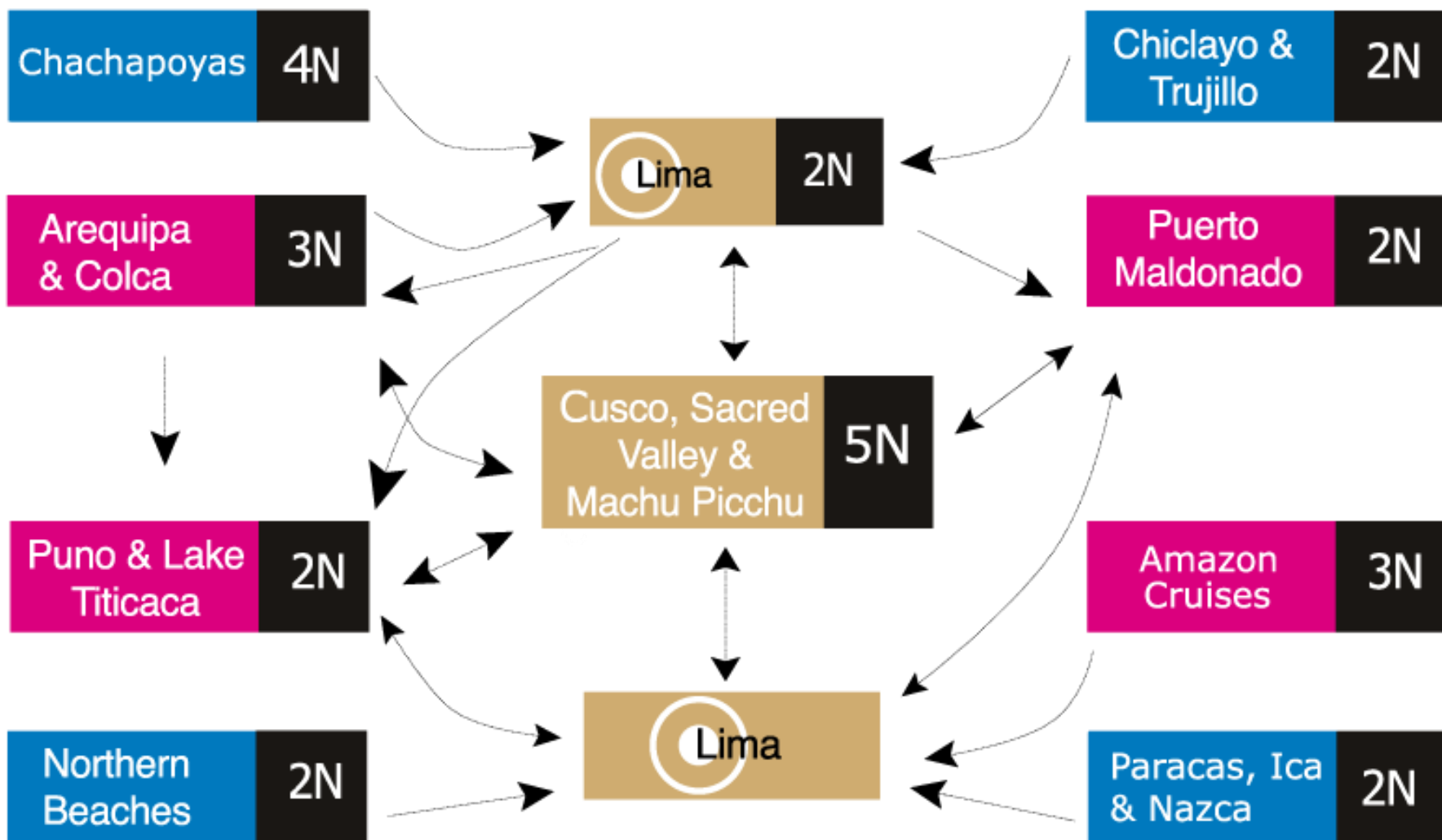




A photograph of a train traveling through a scenic, hilly landscape. The train is on the left side of the frame, moving away from the viewer. The landscape is characterized by rolling green hills and a small stream or gully in the foreground. The sky is filled with large, white clouds. The text "Trip Planner" is overlaid in the center of the image.

# Trip Planner






- start/finish
- Main program
- Must see destinations
- Pre & post tours




# Arequipa




 **Altitude:**  
2,355 m.a.s.l / 7,661 feet

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 **Climate:**  
**Semi -arid and temperate**  
Maximum: 72°F / 22°C  
Minimum: 41°F / 5°C

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 **Access Route**  
**By air:**  
Daily flights from Lima (1 hr)





- Arequipa is Peru's ashlar or white stone city with snow-capped mountains, volcanoes (Misti, Chachani, & Pichu Pichu), deep canyons (Cotahuasi, Colca – one of the deepest in the world), renowned gastronomy, small coves and beaches.
- Colca Canyon, one of the deepest in the World and Home to the mighty Condor



**Season:**  
All year round



**Content:**  
Living cultures,  
History, Nature  
Archaeology



**Recommended  
stay:** 3 nights



**Average stay:**  
3 nights



# Puerto Inca Beach

In this natural environment surrounded by archaeological remains lies this small Paradise chosen by the Incas as their fisherman's cove....



No doubt the flag recipe of Peruvian cuisine is Ceviche, a preparation where the star ingredient is fish, cooked in cold thanks to the acid effect of the Peruvian lemon. A refreshing dish that supports as many variations as you like.



**Ceviche**

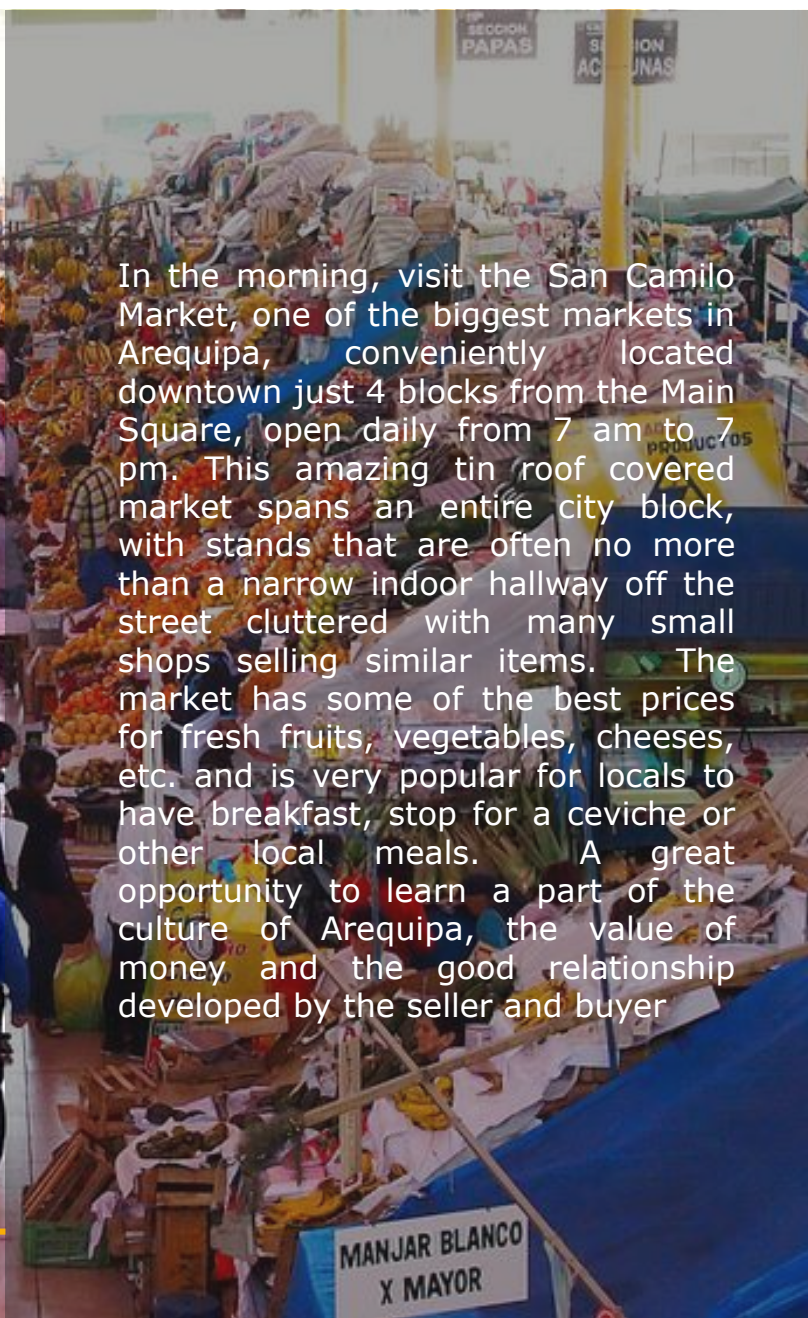
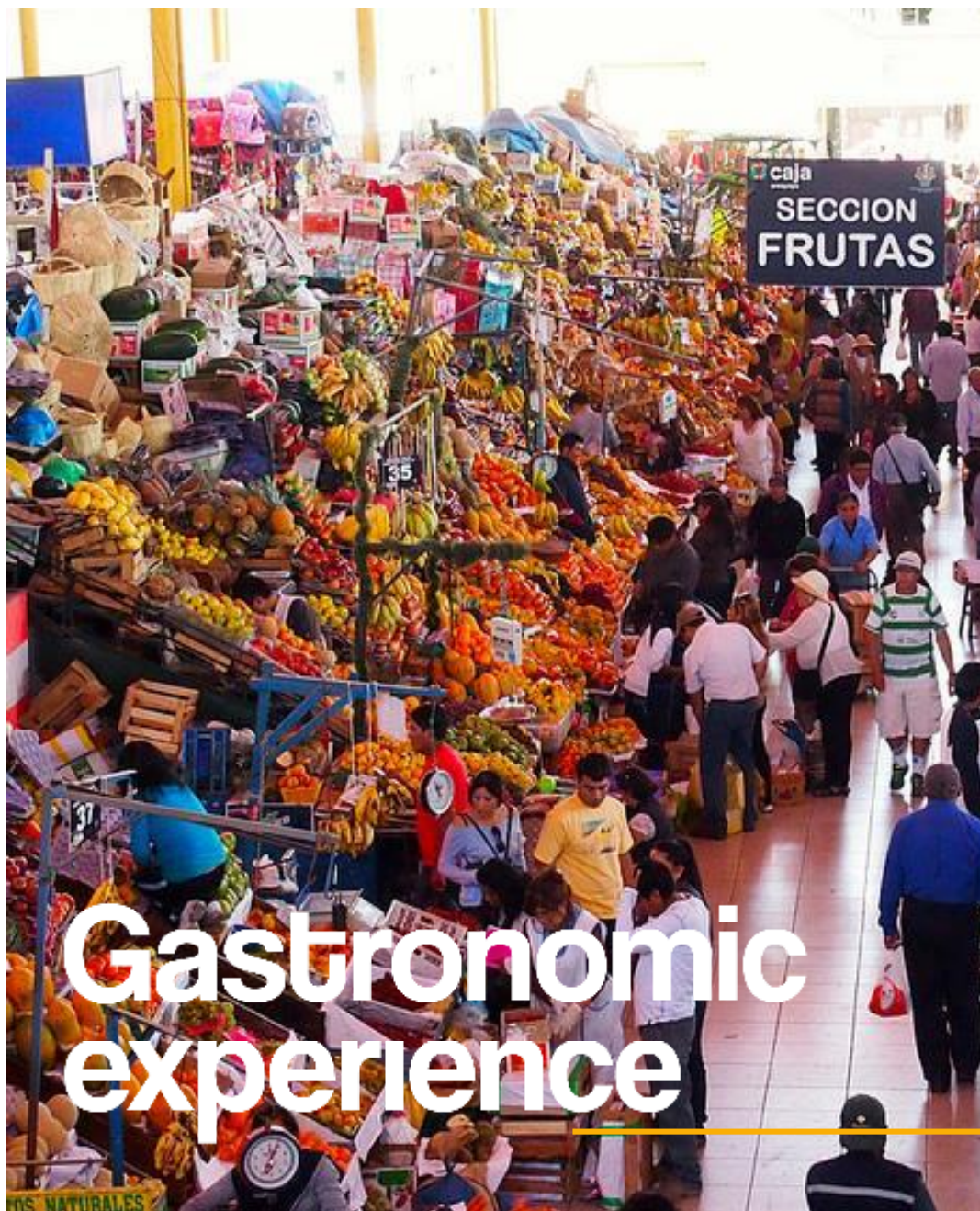




An expert chef will walk you through the process of preparing a delicious ceviche...

**Ceviche**






In the morning, visit the San Camilo Market, one of the biggest markets in Arequipa, conveniently located downtown just 4 blocks from the Main Square, open daily from 7 am to 7 pm. This amazing tin roof covered market spans an entire city block, with stands that are often no more than a narrow indoor hallway off the street cluttered with many small shops selling similar items. The market has some of the best prices for fresh fruits, vegetables, cheeses, etc. and is very popular for locals to have breakfast, stop for a ceviche or other local meals. A great opportunity to learn a part of the culture of Arequipa, the value of money and the good relationship developed by the seller and buyer

# Gastronomic experience





We continue to Chicha Restaurant by famous Gaston Acurio for a cooking experience with their local chefs. Learn to prepare 2 of the most popular Arequipeño dishes - Rocoto Relleno (stuffed pepper) and Soltero de Queso (cheese & habas salad)





**Rocoto Relleno**



**Soltero de queso**





After lunch, participate in the preparation of the Pisco Sour and other Pisco based cocktails



**Pisco Cocktails**



# Picanterias route

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For foodies who enjoy local and typical cuisine, a visit to 4 of the most traditional Picanterias.





The cuisine of Arequipa is varied and rich and the best place to delight with it are the "picanterías"; traditional eateries that have been serving up their succulent stews and spicy dishes for generations, remaining ever loyal to the region's colonial flavors.



Traditional Picanterias





The tradition of the "picanterías" is to only serve certain dishes on certain days, for example on Monday they serve "Chaque", on Tuesday "Chairo", on Wednesday "Pebre", on Thursday "Timpusca", on Friday "Chupe de Camarones", on Saturday "Timpusca" and on Sunday a special kind of meat called "Blanco de Lomos".





Learn about the old customs and techniques of cooking with firewood in clay pots and savor these authentic millenary specialties. All the food is cooked by hand using a traditional pestle and mortar called a *batán*



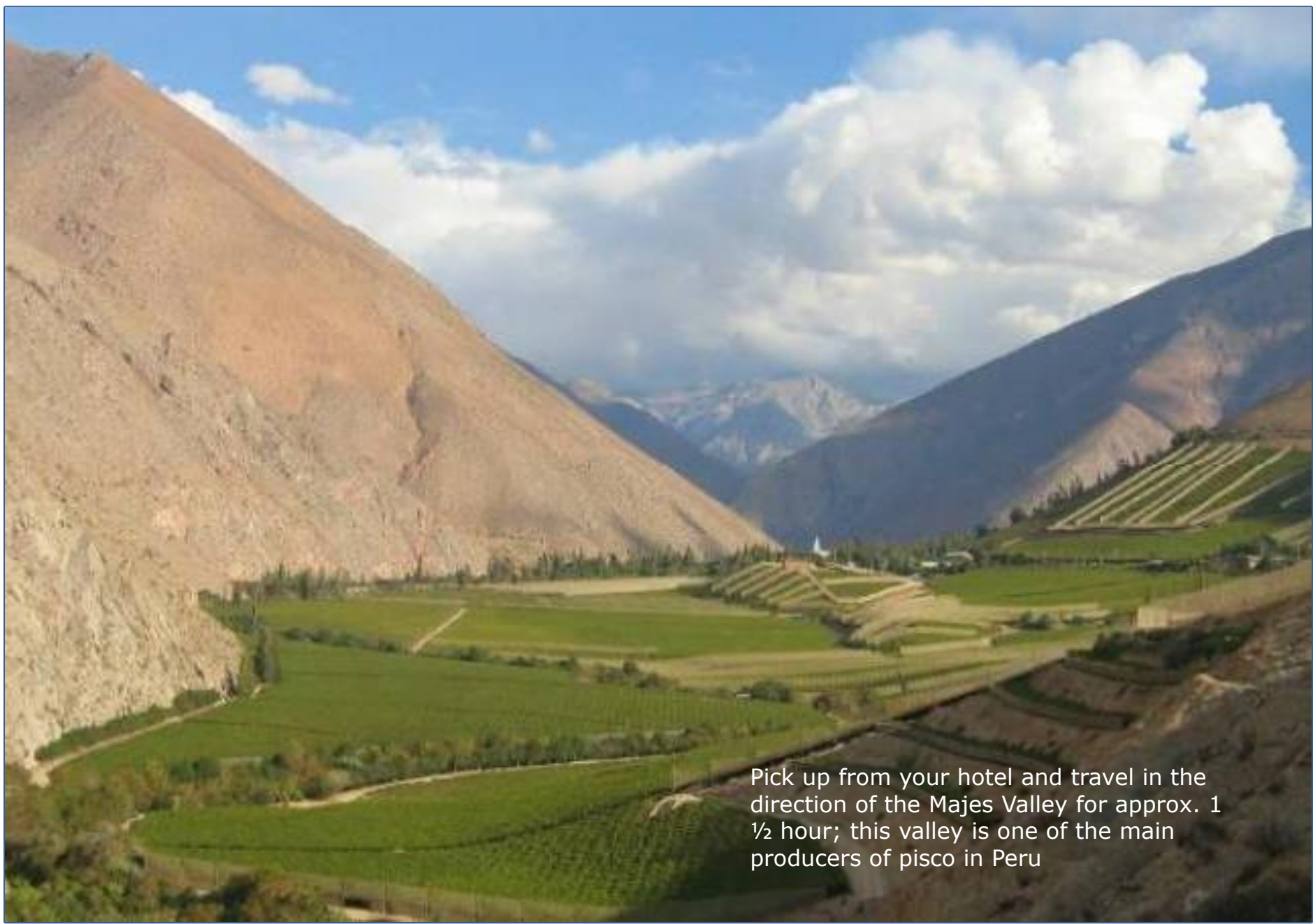
**Traditional pestle and mortar called "Batan"**



# Prawns & Piscos








Pick up from your hotel and travel in the direction of the Majes Valley for approx. 1 ½ hour; this valley is one of the main producers of pisco in Peru





Learn about the history of Pisco while visiting 2 of the main vineyards. In each one see the production process in an artisanal traditional way and the other with advanced technology. Walk through the plantations and then taste the different types of Pisco





Continue to the town of Corire (1 ½ hs), famous for their prawns. Here you will see the traditional prawn fishing





Lunch at a local seaside restaurant, then transfer back to Arequipa for approx. 3 hs



# Walking City Tour

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**Arequipa Main Square**





Pick up from your hotel to visit Michel, an alpaca textile shop, where your guide will show you how to tell the difference between Baby Alpaca wool and Llama wool, and then observe the process of alpaca wool into a textile itself





Walk to the San Lázaro neighborhood, oldest one in Arequipa



Then continue to the Santa  
Catalina Convent



**Santa Catalina Convent**





Followed by a stop at Casona Tristán del Pozo



Continue to the Main Plaza  
where you will see the  
Cathedral, La Compañía Church  
and Cloisters.

Continue to the Main Plaza where you will see the Cathedral





**Cathedral**





La Compañía Church






La Cúpula





The Cloisters of La Compañía





End the day with a taste of the traditional ice cream called "queso helado" OR frozen cheese, a creamy treat that does not taste like cheese despite its name





# Quarries of Sillar

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Learn why Arequipa is called the White City, head to the quarries from where the raw material is taken to build the cities with volcanic sillar.







The Cloisters of La Compañía





# Colors & Flavors of the City

Taste the most representative products from Arequipa like Iberica Chocolates and Najar Anisettes...delicious!

**Traditional sweets from Arequipa**





Be delighted by the traditional desserts such as sweets made by Santa Teresa Convent's nuns and the ever popular Queso Helado or frozen cheese, a creamy treat that does not taste like cheese despite its name.



# Puno & Lake Titicaca





**Altitude:**  
2,355 m.a.s.l / 7,661 feet

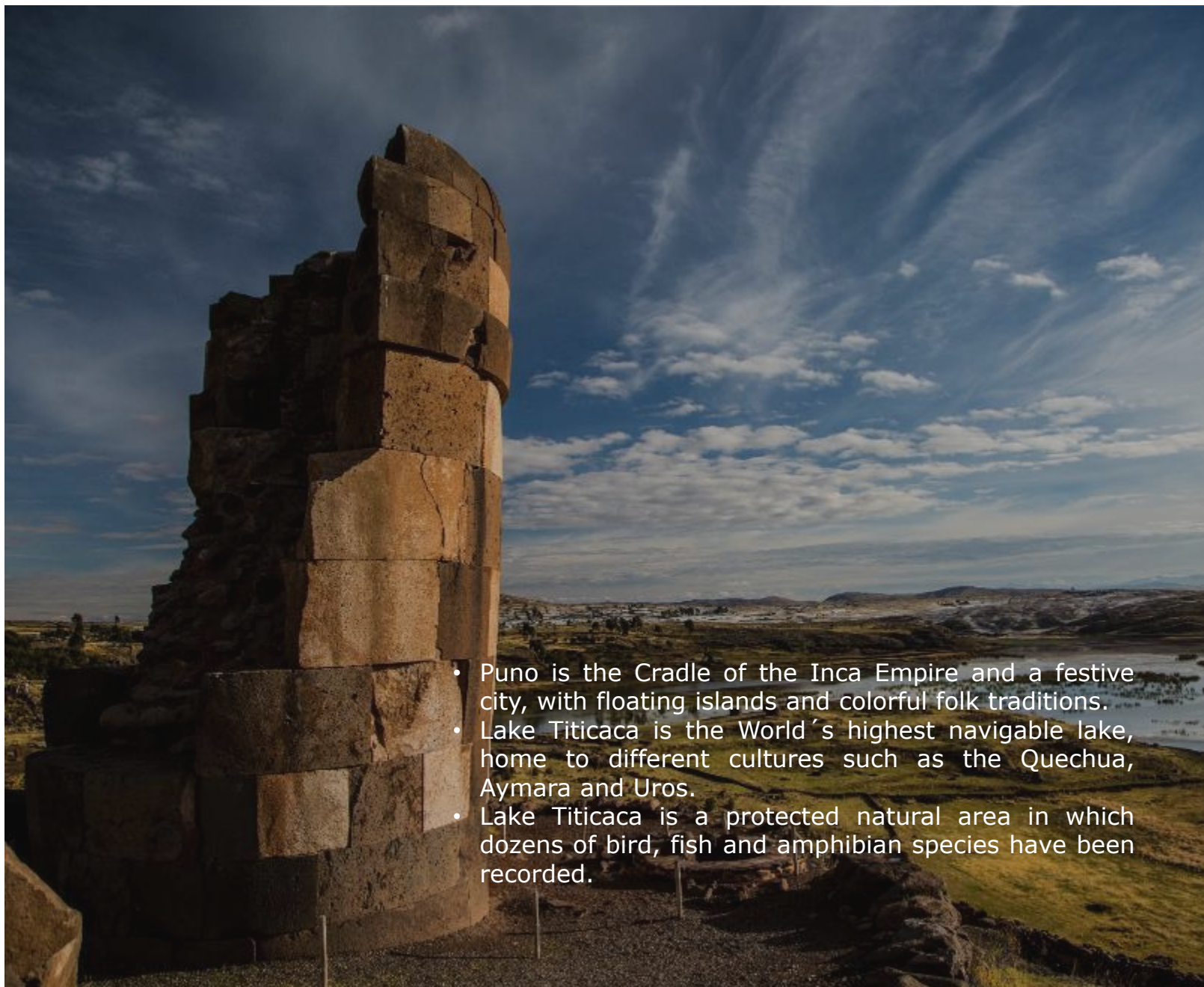


**Climate:**  
Cold and semi - dry  
Maximum: 58°F / 14°C  
Minimum: 37°F / 3°C



**Access Route**  
**By air:**  
Daily flights from  
Lima to Juliaca (1 hr 40min)  
Lima to Julia stopping at Cusco  
(2 hr 40min)





- Puno is the Cradle of the Inca Empire and a festive city, with floating islands and colorful folk traditions.
- Lake Titicaca is the World´s highest navigable lake, home to different cultures such as the Quechua, Aymara and Uros.
- Lake Titicaca is a protected natural area in which dozens of bird, fish and amphibian species have been recorded.



**Season:**  
All year round



**Content:**  
Living cultures,  
History,  
Archaeology,  
Nature




**Recommended  
stay: 2 nights**



**Average stay:  
2 nights**



A woman wearing a tan bucket hat, a blue vest with colorful embroidery, and a green skirt is focused on weaving a basket. The basket is filled with vibrant, colorful pom-poms and other decorative elements. The background shows a traditional Uros house made of reeds and a clear blue sky.

Full day excursion to the Uros Islands, Luquina Community & Chucuito Village incl. lunch (private). Early in the morning, you will have an unforgettable motorboat excursion on the waters of Lake Titicaca to the unique "Floating Islands" of the Uros

# Towns of Inheritance





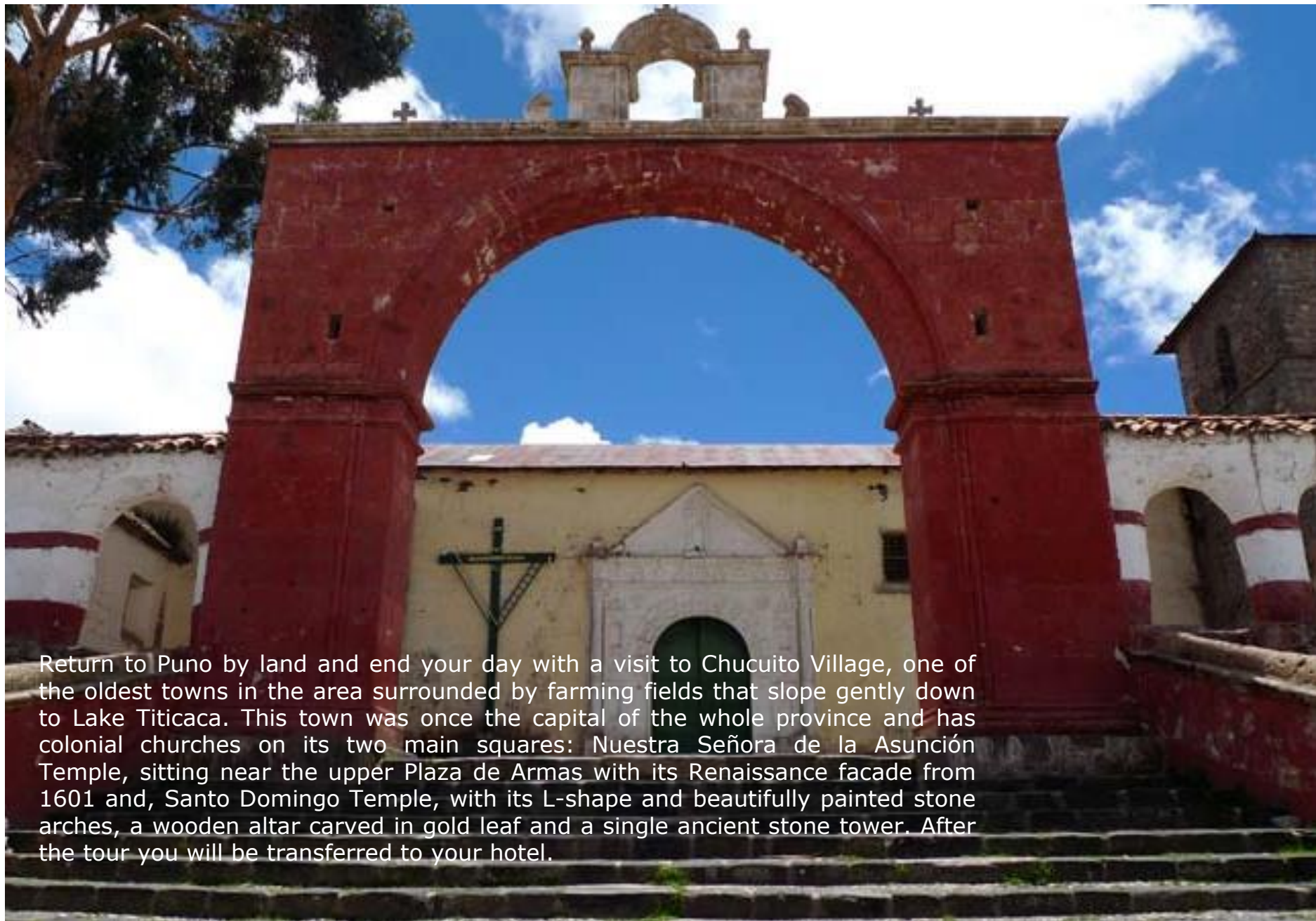
These ancient inhabitants of the lake known as the Water Tribe have built their own islands by periodically adding new layers of a vegetable fiber of the Papyrus family called "Totora" (scientific *Scirpus totora*), which is unique to the area





We continue our motorboat trip to the peninsula of Chucuito for a stop at the rural Aymara Community of Luquina, where you will savor a buffet lunch including regional dishes while enjoying a magnificent view of Lake Titicaca.





Return to Puno by land and end your day with a visit to Chucuito Village, one of the oldest towns in the area surrounded by farming fields that slope gently down to Lake Titicaca. This town was once the capital of the whole province and has colonial churches on its two main squares: Nuestra Señora de la Asunción Temple, sitting near the upper Plaza de Armas with its Renaissance facade from 1601 and, Santo Domingo Temple, with its L-shape and beautifully painted stone arches, a wooden altar carved in gold leaf and a single ancient stone tower. After the tour you will be transferred to your hotel.



# Venture in time

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Full day visit to Llachon Village, Kayaks & Taquile Island incl. box lunch.

Today head to the western shores of Lake Titicaca to visit the Village of Llachon located on the Capachica Peninsula, a place where time has stopped, where you will appreciate the customs and experiences of a local community.





Enjoy an exciting active excursion sailing on Kayaks along the banks of the lake (approximately 1 hour) contemplating the authentic villages, farms and tutelary hills of the peninsula and nearby islands.







Continue the motorboat trip to Taquile Island, inhabited by Quechua-speaking natives who have developed efficient and unique social systems, as well as fine hand weaving techniques, passed down through the generations. Upon arrival at the Town of Taquile you will take your box lunch. After lunch, take a walk through the various hills and archaeological sites of this 6-km long Island. After the tour, you will be transferred to your hotel.



# Shrines of the past

Full day excursion to Juli and Pomata Churches incl. box lunch  
Today you will continue your journey and head to Juli, the “little Rome of South America”, which amazes by its originality and beauty. Once, the city was considered as a privileged site of great importance under the Inca Empire, but Juli takes its real development under colonial times







Visit the church of San Pedro dating from 1565 till 1576, San Juan de Letran, which was built at the beginning of the XVII century and preserves the famous clothes of the Jesuit Bernardo Bitti. More famous and deserving of interest are the churches of Santa Cruz de Jerusalem and Nuestra Señora de la Asunción dated to the 17th century. These magnificent buildings demonstrate the importance of a town which, in that time, succeeded in reputation the cities of Puno and Arequipa.



The next village to visit is Pomata, located at 3,863 meters above sea level, who could preserve through centuries its provincial atmosphere of a high flatland town and received the title of "philosophic Balcony of the High Flatland"; this title was granted because of its geographic situation.



**Pomata Church**

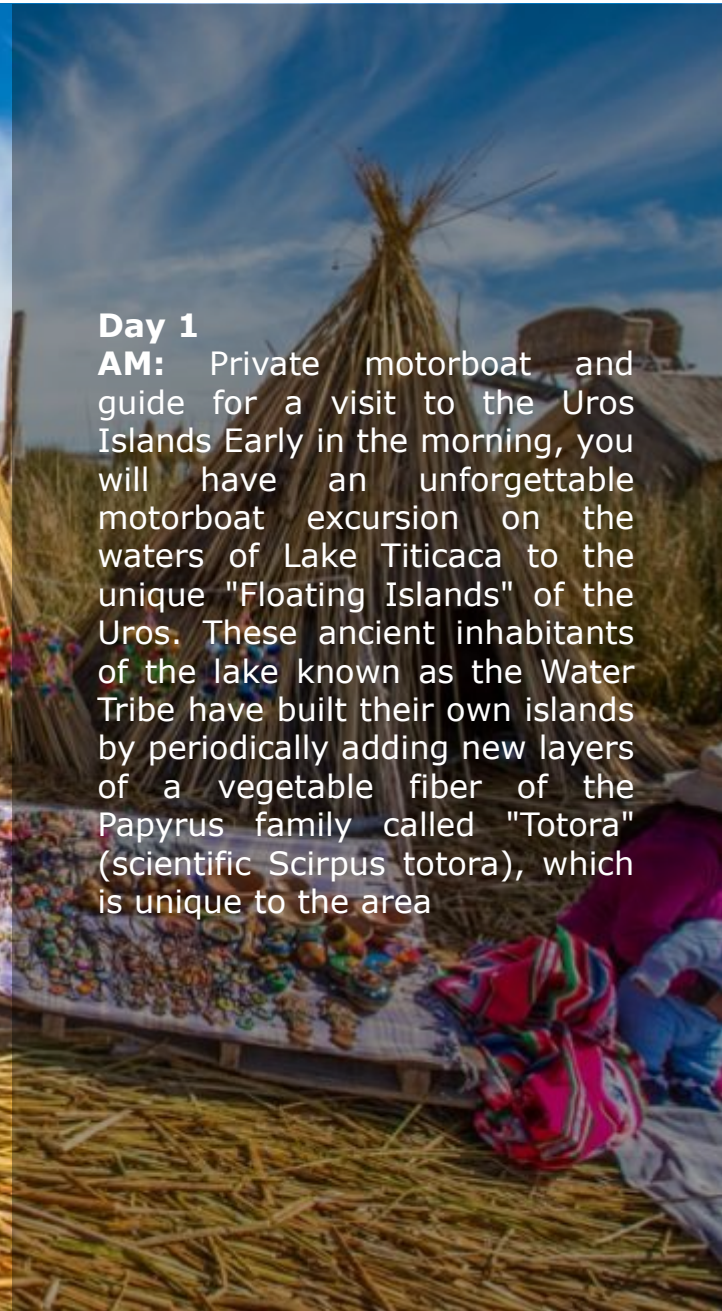


# Touring the islands



## Day 1

**AM:** Private motorboat and guide for a visit to the Uros Islands Early in the morning, you will have an unforgettable motorboat excursion on the waters of Lake Titicaca to the unique "Floating Islands" of the Uros. These ancient inhabitants of the lake known as the Water Tribe have built their own islands by periodically adding new layers of a vegetable fiber of the Papyrus family called "Totora" (scientific *Scirpus totora*), which is unique to the area





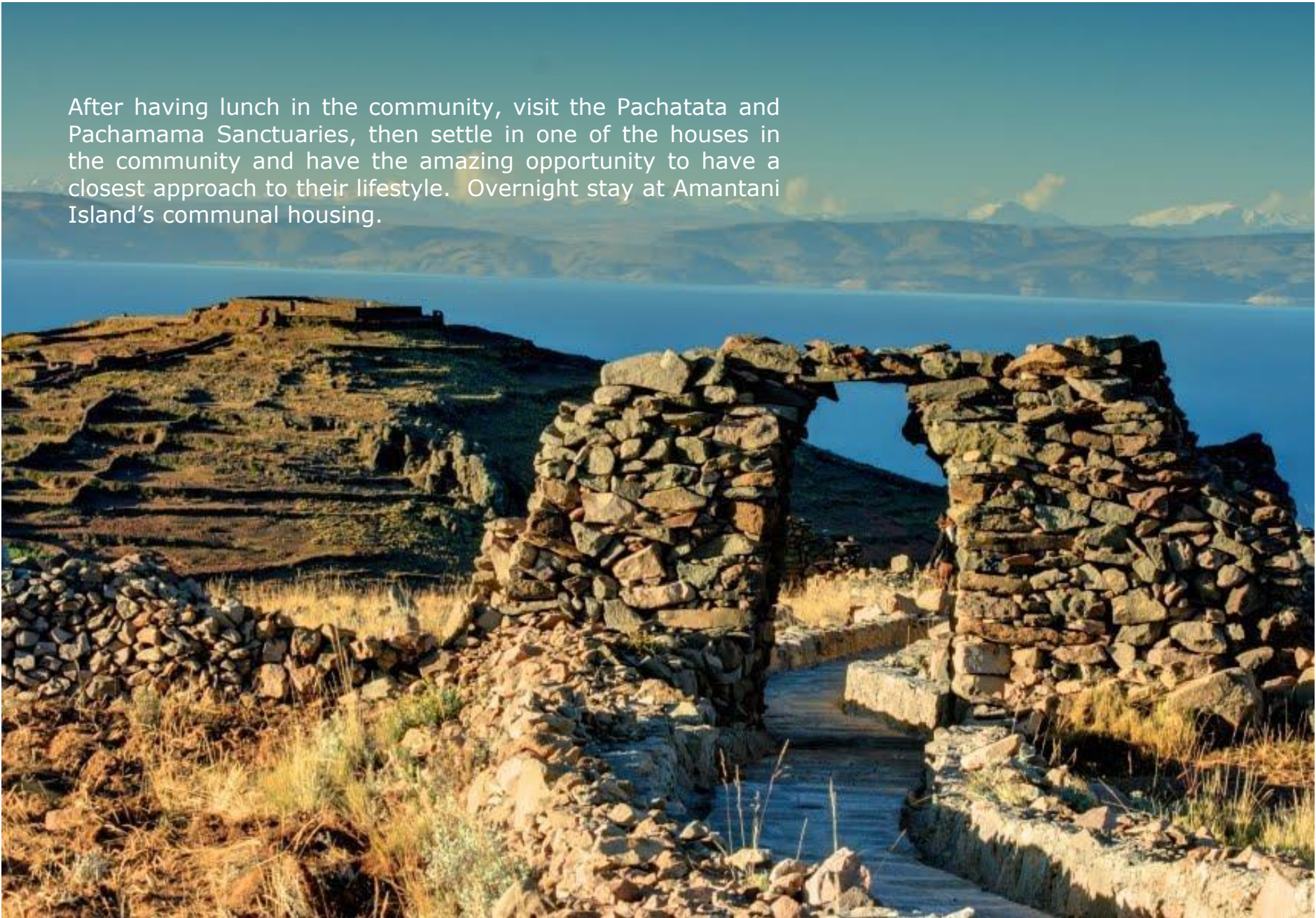
Private motorboat and guide to Amantani Island, including lunch, dinner & overnight at a communal home

Continue the motorboat trip to the beautiful island of Amantani, located a few kilometers north of Taquile, in front of the Capachica peninsula. It is almost circular in shape and is the largest island in the Peruvian side of Lake Titicaca. The population of this island is renowned for its fine crafts including pottery, textiles and stone carvings.





After having lunch in the community, visit the Pachatata and Pachamama Sanctuaries, then settle in one of the houses in the community and have the amazing opportunity to have a closest approach to their lifestyle. Overnight stay at Amantani Island's communal housing.





## Day 2

### AM: Excursion to Taquile Island

Early today, you will enjoy a motorboat trip to Taquile Island, inhabited by Quechua-speaking natives who have developed efficient and unique social systems, as well as fine hand weaving techniques, passed down through the generations.

Upon arrival at the Town of Taquile we will have a lunch at one of the local homes served by the owners, designated by the local authorities as they are a very well organized town so all their inhabitants may have equal opportunities with their visitors. After lunch, take a walk through the various hills and archaeological sites of this 6-km long Island. Return to your hotel in Puno after the visit.

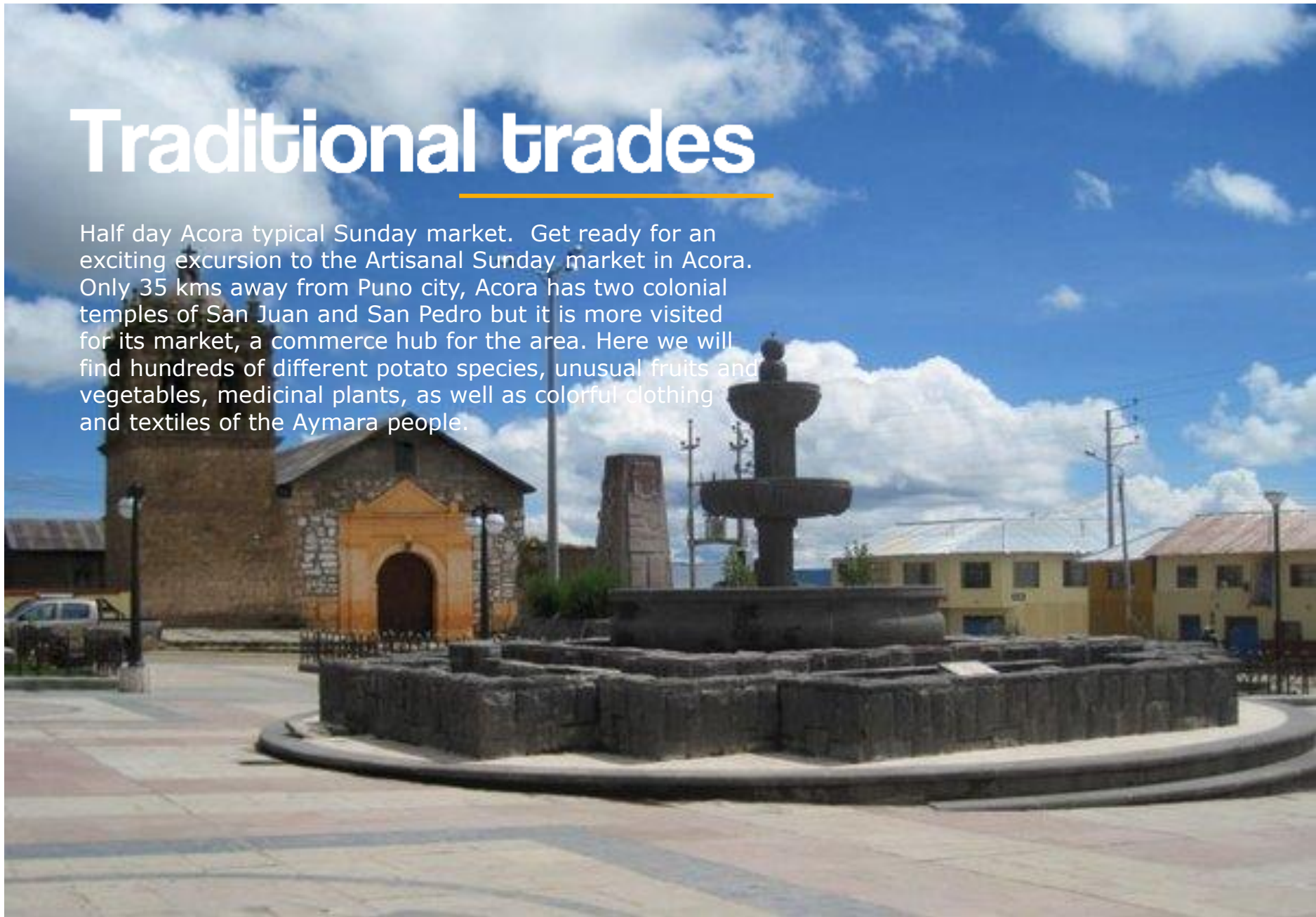




# Traditional trades

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Half day Acora typical Sunday market. Get ready for an exciting excursion to the Artisanal Sunday market in Acora. Only 35 kms away from Puno city, Acora has two colonial temples of San Juan and San Pedro but it is more visited for its market, a commerce hub for the area. Here we will find hundreds of different potato species, unusual fruits and vegetables, medicinal plants, as well as colorful clothing and textiles of the Aymara people.







This market has a variety of the crafts typical of the area, famous for its beautiful textile work.



# Culture & Customs

## Day 01 – Llachon Community

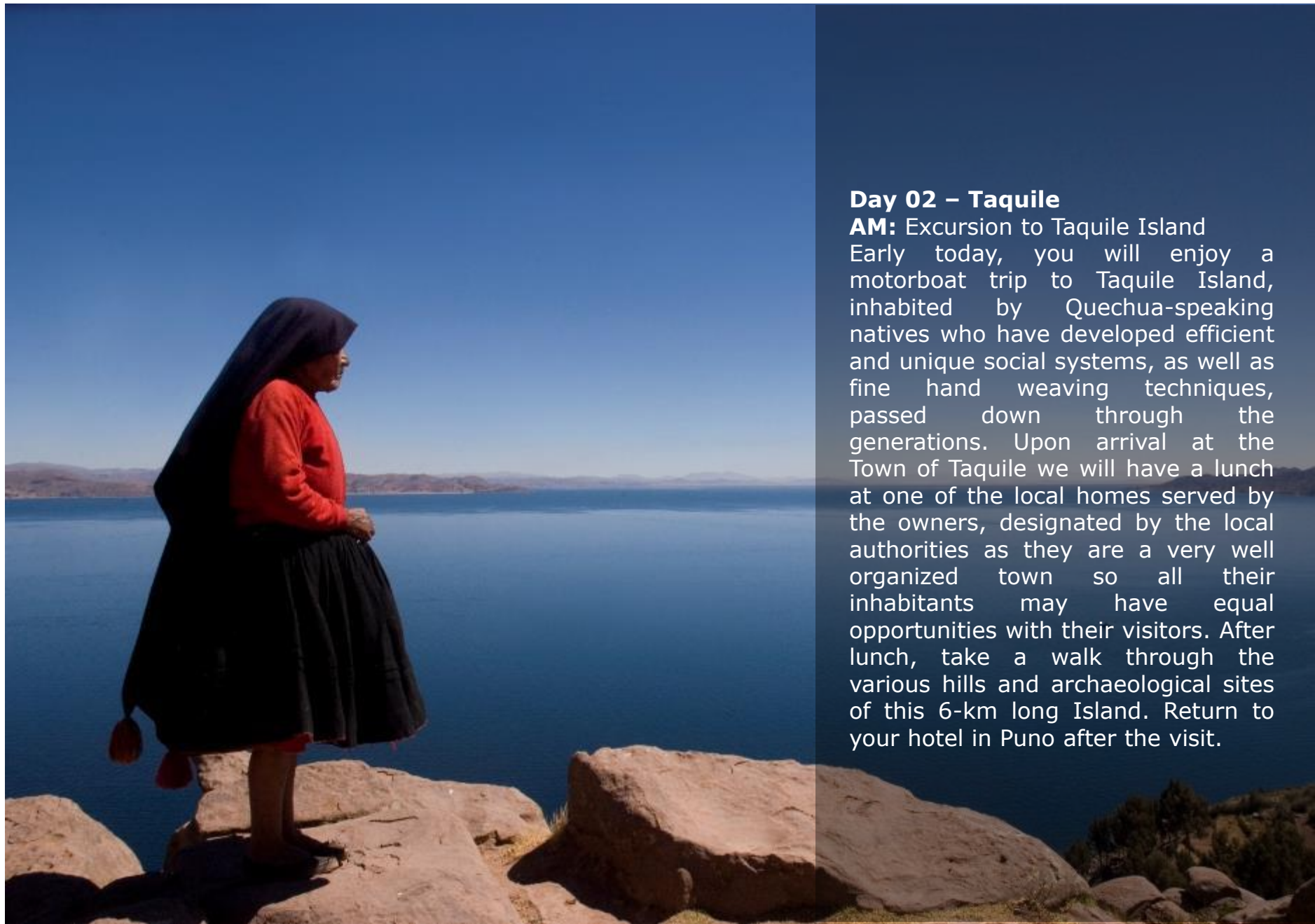
Today we will head to the western shores of Lake Titicaca to visit the Village of Llachon located on the Capachica Peninsula, a place where time has stopped, where you will appreciate the customs and experiences of a local community. Upon arrival to Llachon Village, we will be received by our local host and be accommodated at the assigned family home. After having lunch with the host family, in the afternoon share the fishing techniques on Lake Titicaca by small rowing boats, or walk to the summit of the nearby hill from where the majestic Lake Titicaca may be admired.



Admire the beautiful agricultural terraces on the slopes and visit a pre-Inca temple where you will be able to make your wishes by leaving coca leaves. For dinner, we will be accompanied by some of the community members in a mystical setting surrounded by remains from the Pucara-Tiahuanaco culture, which remains a sacred place for them and where they practice their most important religious and cultural ritual: Pachamama, the ceremony of offering in honor to Mother Earth Overnight stay at Llachon Island's communal housing.







## **Day 02 – Taquile**

### **AM:** Excursion to Taquile Island

Early today, you will enjoy a motorboat trip to Taquile Island, inhabited by Quechua-speaking natives who have developed efficient and unique social systems, as well as fine hand weaving techniques, passed down through the generations. Upon arrival at the Town of Taquile we will have a lunch at one of the local homes served by the owners, designated by the local authorities as they are a very well organized town so all their inhabitants may have equal opportunities with their visitors. After lunch, take a walk through the various hills and archaeological sites of this 6-km long Island. Return to your hotel in Puno after the visit.



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# Thank you!

For questions please use the control panel located at the right hand side of your computer